

October 2012 Newsletter

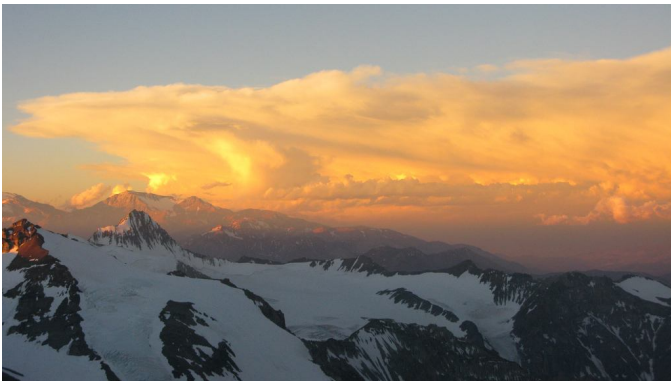


Hiawatha trail near the MT-ID border
(see scheduled weekend trip)

October Program

You are invited to a free public presentation on **Thursday, October 4 at 7:00 pm**, at **the Montana Wild Center** next to the MT Wildlife Rehab Center at Spring Meadow Lake (turn north at the light across from Kessler School).

Reaching the Summit of Mount Aconcagua: a story from the perspective of the only woman among a dozen men



A building thunderstorm of Andean proportions,
photo by Anne Anglim

At 22,841 ft., Mount Aconcagua stands as the highest peak in both the Western and Southern Hemispheres. **Dr. Anne Anglim** from Helena will present her once-in-a-lifetime climb of this iconic mountain, known as the 'Stone Sentinel' of the Andes in Argentina. Her photos will reflect the stunning beauty of an adventure that was filled with extremes of temperature, wind, snow, ice as well as dazzling sun.

Joining a well-known international guide company in Los Angeles, Anne set out in January 2010 on what would

be a physically and mentally challenging 3-week journey. Starting their trek from the city of Mendoza where summer simmered at 104 d. F, mules carried loads of food and climbing gear to Base Camp at 14,800', a 25-mile approach that took over three days. After that, each climber carried supplies on their own back to three higher camps, acclimatizing slowly as they'd haul a load up, come back down, sleep, and move more supplies up again the next day. The highest camp, perhaps aptly named Camp Colera, was located at 19,600'. The day they finally reached the summit, the temperature was minus 20 d. F.

One of three physicians on this trip, Anne was the only one with wilderness and altitude medicine know-how. A natural storyteller, she will undoubtedly pepper her talk with a heavy mixture of comedy and wilderness medicine.



The joy of dancing through snow formations known as 'penitentes',
photo by Anne Anglim

Day Trips

All trips are weather-dependent and subject to last minute cancellation.

Show & Go Monday hikes: join Barb on short hikes in the Helena area. Meet at 9:00 am in the parking lot next to Ben Franklin on Euclid. We're usually back by mid-afternoon. Call Barb (443-1159) or read about each trip via the HOC Yahoo e-group.

Show & Go Tuesday evening hikes: Meet at 5:30 pm in the parking lot across from the L&C Library. Hike on Mt. Helena or Ascension trails. Call JoAnne (449-7971) for details.

Sunday, October 14: Hanging Valley hike. A favorite 12-mile RT hike in the Big Belts, starting at Vigilante Campground. This is a moderate to strenuous hike with 1500 ft. elev. gain & 900 ft. loss to the overlook of Trout Creek Canyon. Leaving at 9:00 am. Contact Ann (459-8830) for meeting place.

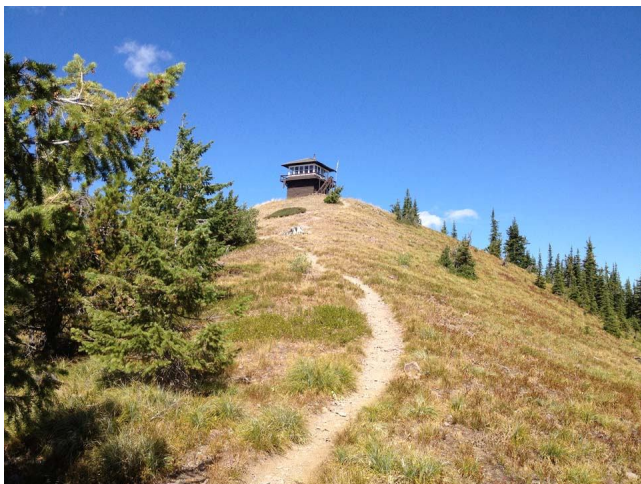
Saturday, October 20: Crown Butte hike. A moderate 6-mile RT hike to the top of Crown Butte Preserve which rises 900 feet above the prairie between Cascade and Simms. We will search for tepee rings along the trail and try to find the rocky remains of an eagle catch on the south-east corner of the butte. Leaving at 8:00 am. Contact Julie (410-1037) for details and meeting place.

Saturday, October 27: Lost Creek State Park & trail, near Anaconda. This moderate 7-mile RT hike begins on a short trail that leads to a rushing 50 foot waterfall where spectacular gray limestone cliffs and granite formations rise 1,200 feet above the canyon floor. We'll pass through pristine forests and riparian meadows with towering walls on either side of the creek. Leaving at 8:00 am. Contact Helen (461-6741) for details and meeting place.

Weekend trip:

NOTE: weekend events are open to the public but we reserve the right to give priority to current members of the Helena Outdoor Club. If you want to invite a friend who is not a member we'll put them on the waiting list until the registration deadline when we'll let them know if there is still room. Or ask them to become a HOC member to secure their spot. The HOC cancellation policy applies; contact the leader.

Friday evening-Monday, October 5-8 (Columbus Day): biking & hiking on the MT-ID border. We've reserved the Cookhouse at the historic Savenac Nursery near Lookout Pass. It sleeps nine people in single beds, has a commercial kitchen, a big living/dining room and showers. Bring a bike with wide-enough tires and at least one headlamp as we hope to bike the famous (gravel) **Hiawatha Trail** with its numerous tunnels and trestles, as well as portions of the (paved) **Coeur d'Alene trail**. Also bring boots & poles as there are plenty of hiking trails in the vicinity such as the one leading to lovely lakes near Ward Peak. Cost: \$50/person including three dinners. Contact MaryAlice (495-8787) or JoAnne (449-7971) for details and to register. First come, first serve!



A great-looking lookout (still staffed) on Huckleberry Mountain in Glacier NP, *photo by Monique Mandali*

Stay in touch through our Yahoo group:
Reminders, additional and last-minute trips are posted on our YAHOO group, a network of over 120 local outdoorsy folks and potential trip companions. You can find us here:
http://groups.yahoo.com/group/hoc_members/.
If you aren't already on this list and want to know how to sign up, email monique@mandali.com and she'll send you instructions.

www.helenaoutdoorclub.org
A club for non-motorized recreation since 1972

Steering Committee:

Trip Coordinator	Jo Anne Thun	449-7971
Trip Co-Coordinator	Helen Fee & others	461-6741
Weekend Event Coordinators	Jan Horan & others	442-1619
Memberships & Treasurer	MaryAlice Chester	495-8787
Database & Newsletter	Monique Mandali	495-9206
YAHOO Group Moderator	Monique Mandali	495-9206
Website	Monique Mandali	495-9206

And many other dedicated volunteers! Thank you!

**And last but not least,
two photos from our recent Glacier NP trip,
a lovely long weekend with great company.**



Gourmet Chef Christine Zarling (second from left) spoiled us with scrumptious dinners on our West Glacier trip over Labor Day weekend. (The bar has been raised: will we ever dare have pizza again???), *photo by Monique Mandali*

Note:
**General hunting season starts on
October 20.**
Wear bright colors when hiking.