

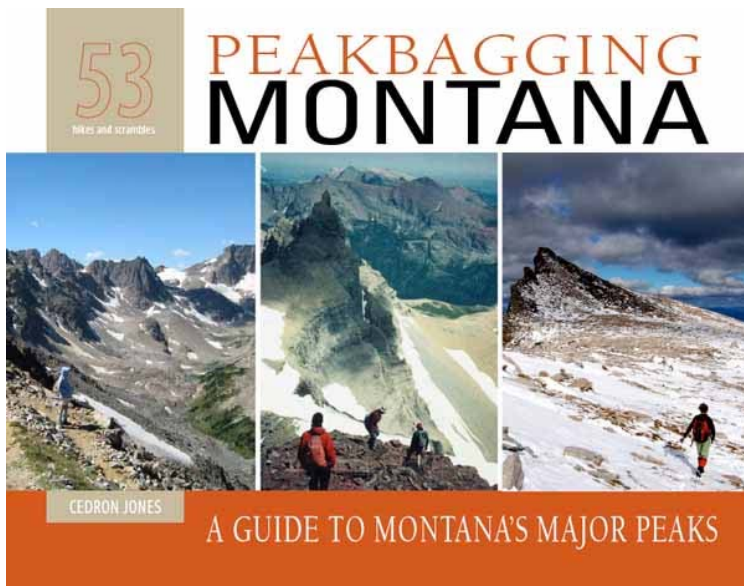


May 2011 Newsletter



May Program

You are invited to a free public presentation on **Thursday, May 12 at 7:00 pm**, in Room 125 at **UM-Helena**, 1115 N. Roberts, just east of Helena High.



Cover photo provided by Riverbend Publishing

Come and listen to **Cedron Jones**, Helena's intrepid hiker and explorer of little known territories, as he shares "peakbagging" stories behind some of the hikes listed in his latest book 53 Peakbagging Hikes & Scrambles in Montana. He will show photos of many trips and refer to maps and tables in the book of popular trivia such as the state's highest point, most impressive mountains, mountain range highpoints and even county highpoints. Cedron will answer questions and tell us about some of his favorite routes in Montana's many mountains, ranging from easy trails to bushwhacking and scrambling.

Autographed copies of Cedron's book will be available at this presentation.

May Day Trips

All trips are weather-dependent and subject to last minute cancellation. Please check with the leader to make sure the trip is a go.

Show & Go Monday morning trips: Join Barb on short hikes in the Helena area. Meet at 9:00 am at Center Stage near Van's IGA on Euclid. Call Barb (443-1159) or read about each trip via the HOC Yahoo e-group.

Show & Go Tuesday evening hikes: Meet at 5:30 pm in the parking lot next to Birds & Beasleys across from the L&C Library. Hike on Mt Helena or Ascension trails. Call Jo Anne (449-7971) for details.

Show & Go Tuesday evening flatwater paddling: Come join an easy-going group of kayakers and canoeists who paddle somewhere close to town for a couple hours. Locations include the Holding Reservoir, York Bridge, Chinaman's Gulch on Canyon Ferry, Riverside Campground below CF Dam, Black Sandy and others. We decide each Tuesday where we'll meet the following week and get the word out through e-mail. We usually meet on the water at 6 p.m. If you have your own boat & lifejacket and would like to join us or want more information, call Susan Nimick (443-5980) or email her: snimick@mt.net.

Sunday, May 1: Hanging Valley hike. 12-mile RT hike in the Big Belts, starting at Vigilante Campground. A moderate to strenuous hike with 1500 ft. elev. gain & 900 ft. loss to the overlook of Trout Creek Canyon. Leaving at 8:00 am. Call JoAnne (449-7971) or Monique (495-9206) for meeting place.

Saturday, May 7: the Ridge Trail hike. A classic 7-mi. hike from Park City back to Mt Helena. Leaving at 9:00 am. Call Pat (406-241-6336) for details & meeting place.

Sunday, May 8: mountain bike ride from Silver City Bar to Sieben Ranch (near freeway) on a wide dirt road. It's mostly flat and downhill unless you ride both ways. There will be a shuttle for those who want to go one way only (approx. 11 miles). Leaving at 9:00 am. Call JoAnne (449-7971) for meeting place.

Saturdays, May 7, 14 & 21, 10:00 am – noon: kayak rolling classes at a local pool with JoAnne. These fee-based UM-Helena classes are open to anyone who wants to practice rolling and other kayaking techniques. Call Mary Lannert at UM-Helena (444-7378) to register and/or rent a boat. Bring nose plugs and a neoprene spray skirt. Max. 3 people/class.

Sunday, May 15: Jones Creek exploratory hike. Moderate hike in the Rocky Mountain Front west of Choteau. Call MaryAlice (459-8787) for meeting time & place and to register.

Mondays, May 16 & 23, 5:30 - 7:30 pm: paddle & rescue classes at Spring Meadow Lake with JoAnne. These fee-based UM-Helena classes are for anyone who wants to learn paddling as well as safety & rescue techniques. Call Mary Lannert at UM-Helena (444-7378) to register and/or rent a boat.

Saturday, May 21: Red Mountain hike. This is a short, strenuous & steep hike close to Helena. Elevation gain is 1700 ft in only 3 mi. but being on the mountain's bald summit is a WOW! Hiking poles are a must. Leaving at 9:00 am. Call Barb (443-1159) for meeting place & to register.

Sunday, May 22: Jones Creek hike. This MWA hike is located in the Rocky Mountain Front west of Choteau. Moderate, co-led with Maggie. Call MaryAlice (459-8787) for meeting time & place and to register.

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Reminders, additional and last-minute trips will be posted on our YAHOO e-list, a growing network of nearly 100 local outdoorsy folks. You can find us at http://groups.yahoo.com/group/hoc_members/. If you aren't on this list and don't know how to sign up for the HOC YAHOO e-group, email Monique Mandali (monique@mandali.com) and she'll send you instructions. It's FREE to members and a super way to read about those spontaneous trips!

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Community Events:

Saturday, May 7: International Migratory Bird Day, Helena Regulating Reservoir. Birding walks start at 6:30 am with other events at 9:00 am. An "Early Bird Run" takes off the preceding Saturday, April 30. Check out www.montanadiscoveryfoundation.org for these events as well as other monthly Moonlight Hikes.

Saturday, May 14: Don't Fence Me In Trail Run. Helena's favorite and a big fundraiser for the PPLT with 30K, 12K, 5K run/walks and a 5K Dog Walk. Courses are mostly on trails. To register, call the PPLT (442-0490) or visit <http://www.pricklypearlt.org/>

THE HELENA OUTDOOR CLUB is for everyone, regardless of age. Our outdoor activities vary with the seasons and include hiking, backpacking, canoeing and kayaking, bicycling, snow shoeing, XC and downhill skiing. Most activities are free. Members organize and guide trips for the casual recreationist. No experience necessary. We also offer free public presentations on adventure travel in Montana and around the world.

Yearly memberships are only \$10/family. Mail check to PO Box 135, Helena, MT 59624.
www.helenaoutdoorclub.org

A club for non-motorized recreation since 1972

Steering Committee:

Trip Coordinator	Jo Anne Thun	449-7971
Trip Co-Coordinator	Helen Fee	461-6741
Weekend Event Coordinator	Jan Horan	442-1619
Memberships & Treasurer	MaryAlice Chester	495-8787
Database & Newsletter	Monique Mandali	495-9206
YAHOO Group Moderator	Monique Mandali	495-9206
Website	Monique Mandali	495-9206
Refreshments Coordinator	MaryAlice Chester	495-8787

And many more volunteers. Thank you!



Young Arrowleaf Balsamroot – photo by Tom Kilmer