



June 2011 Newsletter

June 21: Summer Solstice



Solstice sunrise at Stonehenge

Friday, June 17: Potluck Picnic *Spring Meadow Lake* 6:00 – 8:00 pm.



Bring your favorite dish and friends to this HOC picnic at Spring Meadow Lake (we'll stake out an area with tables). We'll provide dinnerware & juice. Live music presented by talented singer-songwriters Phil Cohea and Art Butler. Bring a chair or blanket for comfort and boat, frisbee and/or walking shoes for extra fun. Let's hope the weather cooperates! Call JoAnne (449-7971) or MaryAlice (495-8787) for more details.

June Day Trips

All trips are weather-dependent and subject to last minute cancellation. Please check with the leader to make sure the trip is a go.

Show & Go Monday morning trips: Join Barb on short hikes in the Helena area. Meet at 9:00 am at Center Stage near Van's IGA on Euclid. Call Barb (443-1159) or read about each trip via the HOC Yahoo e-group.

Show & Go Tuesday evening hikes: Meet at 5:30 pm in the parking lot next to Birds & Beasleys across from the L&C Library. Hike on Mt Helena or Ascension trails. Call JoAnne (449-7971) for details.

Show & Go Tuesday evening flatwater paddling: Come join an easy-going group of kayakers and canoeists who paddle somewhere close to town for a couple hours. Locations include the Holding Reservoir, York Bridge, Chinaman's Gulch on Canyon Ferry, Riverside Campground below CF Dam, Black Sandy and others. We decide each Tuesday where we'll meet the following week and get the word out through e-mail. We usually meet on the water at 6 p.m. If you have your own boat & lifejacket and would like to join us or want more information, call Susan Nimick (443-5980) or email her: snimick@mt.net.

Sunday, June 5: mountain bike ride in the South Hills. Get those legs in shape! We'll huff & puff climbing some hills on paved & gravel roads around South Hills Drive (no single track). About 2-3 hours riding time. Leaving at 8:30 am. Call Monique (495-9206) for meeting place.

Sunday, June 12: mountain bike ride in the Scratchgravels. Explore some of the outstanding trails in these nearby hills on both single and double tracks. About 2 hours riding time, for intermediate riders. Leaving at 9:00 am. Call Monique (495-9206) for meeting place.

Saturday, June 18, 9:00 am – 3:00 pm: flatwater kayak class with JoAnne. This fee-based UM-Helena class is for anyone who wants to experience paddling on the Missouri. Call Mary Lannert at UM-Helena (444-7378) to register and/or rent a boat.

Sunday, June 19: Crown Mountain hike on the Rocky Mountain Front. This is a lovely MWA hike co-led with Len. Call JoAnne (449-7971) to find out about meeting place & time and to register.

Monday, June 20, 5:30 - 7:30 pm: paddle & rescue class at Spring Meadow Lake with JoAnne. This fee-based UM-Helena class is for recreational kayakers who want to learn paddling, safety & rescue techniques. Call Mary Lannert at UM-Helena (444-7378) to register and/or rent a boat.

Saturday, June 25: Rogers Pass hike. An MWA hike that follows the Continental Divide Trail heading north toward Lewis & Clark Pass. We'll turn back when we feel like it. Moderate hike, co-led with Maggie. Call MaryAlice (495-8787) to find out about meeting place & time and to register.

Saturday, June 25, 9:00 am – 3:00 pm: kayak class on the Blackfoot with JoAnne. This fee-based UM-Helena class is for individuals who want to experience

paddling in whitewater and learn how to maneuver a kayak around obstacles in fast water. Call Mary Lannert at UM-Helena (444-7378) to register and/or rent a boat.

Sunday June 26, 9:00 am – 3:00 pm: float a different section of the Blackfoot with JoAnne. This is a purely recreational trip that may be combined with the previous day's class. Call JoAnne (449-7971) for details and to register. Boats may be rented from her.

Reminders, additional and last-minute trips will be posted on our YAHOO e-list, a growing network of nearly 100 local outdoorsy folks. You can find us here: http://groups.yahoo.com/group/hoc_members/. **If you aren't already on this list and don't know how to sign up for the HOC YAHOO e-group,** email Monique Mandali (monique@mandali.com) and she'll send you instructions. It's FREE to members and a super way to read about those spontaneous trips!

Our next Planning Committee meeting is scheduled for **Saturday, June 18.** Email monique@mandali.com if you have ideas for July & August trips or would like to join us our core group in this planning process. Everyone is welcome!

Preview of upcoming summer events:

- More kayaking classes taught by JoAnne Thun through UM-Helena, including several rolling classes and river trips;
- day hiking trips in the Helena area;
- a potential camping & hiking trip in the Beartooths;
- and more ... we welcome your ideas!

THE HELENA OUTDOOR CLUB is for everyone, regardless of age. Our outdoor activities vary with the seasons and include hiking, backpacking, canoeing and kayaking, bicycling, snow shoeing, XC and downhill skiing. Most activities are free. Members organize and guide trips for the casual recreationist. No experience necessary. We also offer free public presentations on adventure travel in Montana and around the world.

Yearly memberships are only \$10/family. Mail check to PO Box 135, Helena, MT 59624. www.helenaoutdoorclub.org

A club for non-motorized recreation since 1972

Steering Committee:

Trip Coordinator	Jo Anne Thun	449-7971
Trip Co-Coordinator	Helen Fee	461-6741
Weekend Event Coordinator	Jan Horan	442-1619
Memberships & Treasurer	MaryAlice Chester	495-8787
Database & Newsletter	Monique Mandali	495-9206
YAHOO Group Moderator	Monique Mandali	495-9206
Website	Monique Mandali	495-9206
Refreshments Coordinator	MaryAlice Chester	495-8787

And many more volunteers. Thank you!



Hiking in the Pintlars – photo by Pat Clark